



## **WEVA Return To Play Guidelines**

**The intent of the below guidelines for our region is first and foremost to keep all families safe as we return to playing the sport that we all love. The landscape is ever changing and so will the guidelines based on any new and/or modified regulations as announced by the state of NY. The region wants to have a successful competitive season in the foreseeable future. As a result, we are asking for your support and understanding of the guidelines for tryouts and practices so they can set a precedence of success that will hopefully allow us to move forward with opening up competition for the sport of volleyball across the state.**

### **WEVA Player Guidelines**

#### **Before Arriving at Venue**

- Be symptom-free at least 14 days prior to any activity.
- Be aware of and disclose any potential contacts with affected individuals.
- Stay home if you are sick or do not feel well.
- Wash and sanitize your hands often.
- Do not touch your face, eyes or mouth with unclean hands.
- Practice social distancing regularly.
- Wear a face mask to reduce exposure to airborne particles.
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze.

#### **After Arriving at Venue**

- For most venues, ONLY the athlete will be allowed in the building due to capacity restrictions set by the state. Club directors will confirm any restrictions for the venue.
- All players entering the facility will need to check-in. A requirement due to the contact tracing that may have to occur if any cases are reported, sign a waiver form and have your temperature taken, if required. If the facility does not require temperature checks then it is each athlete's responsibility to take one at home to assure no body temperature 100.4 or higher exists before departing for venue. Some venues will have the waiver form signed electronically before arriving at venue.
- Wear a mask when entering and/or exiting the building and in all common areas.
- Do not touch your face, eyes, or mouth with unclean hands.
- Practice social distancing during water breaks and on the court when possible.

- Do not share a water bottle. Label your water bottle so it can be easily identified. Only use no-touch water dispenser when filling up your water bottles, if the facility has them.
- Sanitize your hands often during a break.
- Refrain from huddling and high fiving with other participants.
- Please do not show up more than 15 minutes prior to your scheduled start time or a timeframe communicated by the club. Sign-in may be outside at some venues dependent on weather.
- Follow all of the guidelines posted throughout the facility.

### **WEVA Return to Play - Coaches and Staff**

- Will be responsible for completing the training for coaches and administrators at the below link, please print the certificate of completion for your records:  
<https://nfhslearn.com/courses/covid-19-for-coaches-and-administrators>
- Will follow all COVID-19 procedures.
- Will have their temperature taken when entering the facility, if required at venue. If facility does not do temperature checks then coaches/staff are responsible to take at home to assure body temperature is not 100.4 or above before departing for venue.
- Will not attend any scheduled activity if they are showing any symptoms of COVID-19.
- Will be required to wear a mask at all times in the venue.
- Will enforce social distancing rules and COVID procedures at all times (water breaks, waiting in line etc.).

### **WEVA COVID 19 Policy**

If an athlete, coach, or staff is showing any symptoms of COVID-19 or has traveled to a "hot spot", please stay home for two weeks after all symptoms are clear or from the timeframe you have returned from your travel.

If any player, coach, or staff has a confirmed case or has come in close contact with someone who has a confirmed case of COVID-19, we are asking all parents, coaches, or staff members to notify your club director and John Hughes immediately at 585-259-6557.

- Club director will notify all players, coaches, and staff members of their potential exposure and notify the CDC and Department of Health.
- Club director will notify the venue. The venue will be responsible for notifying other organizations using the facility at the time. The venue will also be responsible to have a thorough cleaning of the facility before any additional use.
- Anyone testing positive for COVID-19 cannot return to the venue until a minimum of two weeks after their positive test date and all symptoms have subsided or improved (loss of taste and smell may last more than two weeks). They **MUST ALSO** have a signed clearance from their health care provider before returning to play.
- Anyone who has come in close contact with a person testing positive for COVID-19 must quarantine themselves for two weeks and follow state guidelines regarding quarantining.

## **WEVA TRYOUT/PRACTICE GUIDELINES**

- Clubs and facilities will adhere to the strictest interpretation of the state and local regulations. Additionally, they will abide by the USA Volleyball return to play guidelines as well.
- WEVA is highly encouraging players to wear masks on the court while training.
- Utilize drills or activities that limit/reduce potential violations of social distancing requirements.
- Once teams are selected and practice commences, WEVA highly encourages clubs to assign one team per court and limit interaction between teams. Keeping teams in a “bubble” in the venue as much as possible.

This document will be reviewed and revised when required based on the ever changing state, local and CDC guidelines. It will be the club and facilities responsibility to be up to date with changes in the USA Volleyball and state, local and CDC guidelines. Clubs and facilities will be responsible for communication to the organizations using the facility and to families within their club any changes to the guidelines.

Stay safe as we embark on the journey of returning to play volleyball, a sport that all have a deep passion for!

**WEVA BOARD OF DIRECTORS**